

# Financial Planning Insights

September 30, 2025

## **Maximizing Debt Payoff Strategies**

Introduction - The journey to becoming debt-free can feel daunting, but with the right strategies and financial planning tools at your disposal, achieving that goal is not only possible but also more efficient. High-interest debt can be a heavy burden, siphoning away hard-earned income through fees and charges that seem to grow each month. However, by leveraging modern financial planning tools, individuals can create tailored strategies to pay off debt faster and save significantly on interest rate fees.

Before diving into tools and strategies, it's important to recognize the types of debt commonly held by individuals. These can include:

- Credit card debt Often associated with high interest rates and compounding fees.
- Student loans Fixed or variable rates, private or federally subsidized, sometimes offering income-driven repayment options.
- Personal loans May carry lower rates but still accumulate interest over time.
- Auto loans and mortgages Typically, with lower rates, but substantial balances over long terms.

Interest rates and repayment terms vary, but they share a common element – the longer it takes to pay off a debt, the more you will pay in interest fees. Thus, reducing the time it takes to pay off debt is a direct way to save money and build wealth.

**Debt Payoff Strategies** – Utilize one or a combination of the below strategies to save money and pay off debt sooner.

- Target debts with the highest interest rates first, regardless of balance size. This approach minimizes total interest paid overtime.
- Pay off the smallest debts first, then use the amount of the previous payments as additional payments to the next smallest balance and continue to rollover payments until the largest balance is paid off. The psychological boost of quick wins can help sustain motivation.

- Round up payments above the minimum payment; even small additional payments can have a significant cumulative effect.
- Utilize cash windfalls, such as bonuses or tax refunds, and apply directly to outstanding debt.
- Refinance high-interest debt at a lower rate and/or consolidate multiple debts into a single loan so that you save on interest and simplify payments. Also, consider zero-interest balance transfer offers, but ensure you can pay off the balance before the promotional period ends.
- Lastly, automating payments ensures consistency and protects your credit score. Missed or late payments can trigger fees and penalty interest.

**Example Scenario** - At NovaPoint we can utilize a full comprehensive financial planning strategy where debt is just one aspect of your financial landscape, or if you just need a targeted solution for paying down debt, we can offer a quicker but tailored debt pay off strategy that fits your specific needs and budget.

To highlight an example of a tailored debt elimination strategy, we've created a scenario of a couple in their early-to-mid 30's who are investment clients that just need help with rising debt. The couple have a mortgage on their first home, a car loan, one outstanding private student loan from graduate school, and two consumer credit cards that are carrying debt at high interest rates. Utilizing our financial planning tools, we developed an optimal strategy that incorporated paying off the highest-interest rate debt first, increasing total debt payments by a fixed-monthly amount from discretionary income, combined with refinancing one loan to save over \$90,000 and be debt free 75 months sooner. Check out the sample report here.

**Final Thoughts** - A personalized approach always yields the best results. Here's how NovaPoint harnesses financial planning tools for a tailored debt elimination strategy:



# Financial Planning Insights

September 30, 2025

## **Maximizing Debt Payoff Strategies**

- Set realistic goals, such as being debt-free within a certain timeframe or reducing monthly interest payments by a target amount.
- NovaPoint simulates different repayment scenarios to see how changes in payment amounts or order can affect your payoff date and total interest paid. Debt consolidation and refinance options are also evaluated.
- Monitor progress with visual dashboards, which helps sustain motivation over time.
- Adjust the plan as needed—life changes, and so might your financial circumstances. Incomes fluctuate and unexpected expenses occur, that's why it's important to reevaluate your debt elimination strategy as your financial landscape changes. It's also important to work towards an emergency savings goal to help absorb some of these unexpected expenses while keeping you on track to pay off your debt.
- Above all else, stay motivated and set milestones to celebrate achievements.

At NovaPoint, our investment, wealth management, and tax experts can help advise you on a tailored debt elimination strategy that will ensure you are debt free sooner and able to continue working towards your other financial goals. If you want a trusted fiduciary partner to help manage your debt in line with your financial landscape and future financial goals, contact us here.

Written by Meghan Hoover, Investment Associate, Financial Planning Team

**NovaPoint – Financial Planning and Wealth Management** 

### The NovaPoint Team



### Joseph Sroka, CFA, CMT / Chief Investment Officer / jsroka@novapointgroup.com

Joe has over 20 years of experience in the investment management industry. Prior to founding NovaPoint, he was a portfolio manager at Spectrum Advisory Services and GMT Capital in Atlanta, and Epoch Investment Partners in New York. He has also worked as an equity research analyst at Merrill Lynch and ABN Amro. Before beginning his investment career, Joe was an Infantry officer in the U.S. Army. Joe holds a BS from the U.S. Military Academy at West Point and an MBA from the University of Chicago. He is both a Chartered Financial Analyst (CFA) and a Chartered Market Technician (CMT).

### Alan J. Conner / President and Chief Compliance Officer / aconner@novapointgroup.com

Alan has over 20 years of experience in the investment management industry. Prior to founding NovaPoint, he was a fixed income manager at both Spectrum Advisory Services and a private family office. Alan was also with the Bank Group division of Countrywide Capital Markets where he developed balance sheet strategies for depository institutions. He holds a BS in Banking and an MBA in Finance from Nova Southeastern University. Alan is an endurance athlete and three-time IRONMAN finisher.



### Frederick Wright, CFA / Managing Director & Portfolio Manager / fwright@novapointgroup.com

Frederick has over 30 years of experience in the investment management industry. Prior to joining NovaPoint, Frederick was a Partner and Investment Advisor at Brightworth where he advised high net worth investors. Frederick began his investment career in 1991 at Balentine & Co where he rose to Partner. He also co-founded and served as Chief Investment Officer at Wright Investment Management and at Smith & Howard Wealth Management. Prior to beginning his investment career, Frederick served as an Engineer officer in the U.S. Army. He holds a BS from the U.S. Military Academy at West Point and an MBA from Emory University. Frederick is a Chartered Financial Analyst (CFA).



### Larry Dixon, EA / Tax Managing Partner / Idixon@novapointgroup.com

Larry leads NovaPoint's accounting, tax and outsourced CFO business. He built his previous company, Atlas Solutions, as a solo entrepreneur before merging into NovaPoint CFO. Larry began his career as a Field Artillery officer in the United States Army. Larry earned his Bachelor of Science degree from the U.S. Military Academy at West Point, where he was a four-year letterman on the football team. Larry is a certified Enrolled Agent, recognized by the U.S. Department of the Treasury to represent taxpayers before the Internal Revenue Service.



### Meghan Hoover / Investment Associate / mhoover@novapointgroup.com

Meghan is an Investment Associate focusing on financial planning. Prior to joining NovaPoint, Meghan spent 18 years in government service as an Operations Officer in military intelligence. She holds two Bachelor of Science degrees from the University of Maryland and a Master of Science from the Joint Military Intelligence College. Meghan has additional education specializing in financial planning, successfully passed the Certified Financial Planner® (CFP®) board exam, and is a member of the Financial Planning Association.

NovaPoint Capital LLC (referred to herein as "NovaPoint" or "the Company") is registered with the SEC as an investment adviser, but registration does not imply any certain level of skill or training. The information contained in this document has not been filed with, reviewed by or approved by any regulatory or self-regulatory authority.

Not an offer of advisory services or securities: This document is limited to the dissemination of general information about the services provided by the Company and is provided for informational purposes only. This document is intended for residents of the United States only and the information contained herein does not constitute and should not be construed as an offering of advisory services or an offer to sell or solicitation to buy any securities or other financial instruments in any jurisdiction in which such offer or solicitation, purchase or sale would be unlawful under the securities, or other applicable laws of such jurisdiction. Nothing contained in this document constitutes tax, legal or investment advise. Responses to any inquiry which may involve the rendering of personalized investment adviser compensation or effecting or attempting to effect transactions in securities will not be made absent compliance with state broker-dealer, investment adviser, broker-dealer agent or investment adviser representative registration requirements, or applicable exemptions or exclusions from such requirements.

Investment risk: The Company makes no representation, and it should not be assumed, that past investment performance is any indication of future results. Moreover, wherever there is the potential for profit there also is the possibility of loss. Certain of the Company's strategies may involve investments that are illiquid, are subject to a substantial risk of loss and are not suitable for certain investors.

Limitation of liability: While the Company uses reasonable efforts to include accurate and up-to-date information in this document, errors or omissions sometimes occur. The Company makes no warranties or representations as to the accuracy of this document. Opinions expressed herein are subject to change without notice. Under no circumstances shall the Company or any party involved in creating, producing, or delivering this document be liable for any direct, incidental, consequential, indirect, or punitive damages that result from the use of the information contained in this document, even if the Company's authorized representative has been advised of the possibility of such damages. Applicable law may not allow the limitation or exclusion of liability or incidental or consequential damages, so the above limitation or exclusion may not agolv to you.

Trademarks and copyrights: All trademarks, service marks, trade names, logos, and icons are proprietary to the Company. Nothing contained in this document should be construed as granting, by implication, estoppel, or otherwise, any license or right to use any trademark displayed in this document without the prior written permission of the Company or such third party that may own the trademarks displayed in this document. Your use of the trademarks displayed in this document, or any other content in this document, except as provided herein, is strictly prohibited.